

HP Living Well at Home/ MMHG Wellness FREE Webinar

# Charcuterie Boards



**Wednesday, August 17th**

**1:00– 1:30 p.m.**

**Attend this FREE webinar from your computer, tablet, or smartphone!**

In this demo, you'll learn how easy it is to throw together a beautiful snack (charcuterie). We'll provide you with a step-by-step way to help recreate your own delicious spread, including the best platters/dishes to use, suggested food pairings and how to artfully arrange it all. You'll be sure to impress family and friends with your creations!

No need to register in advance. Join the virtual workshop by clicking on the "Join this Session" link for the webinar at the Harvard Pilgrim Living Well at Home with Virtual Classes Website on 8/17/2022 at 1:00 PM

<https://www.harvardpilgrim.org/myoptions/coronavirus-your-guide-to-care/living-well-at-home-with-virtual-wellness-classes/>

You will be able to access this webinar immediately if you have Zoom downloaded on your device. If you have not downloaded Zoom, this link will take you to Zoom's home page to download this tool.

**This webinar is free and open to all Mayflower Municipal Health Group (MMHG) member unit employees, retirees & dependents.**

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