



Harvard Pilgrim Health Care

Your Fitness Reimbursement

A flexible program designed just for you! MMHG members can get up to \$300 reimbursement per calendar year!

We get it. Not everyone has the same approach to fitness. Whether you prefer going to the gym or practicing yoga, we'll reimburse you for fees you pay toward a fitness facility or other qualified membership. You can even use your reimbursement toward a virtual fitness class subscription.

Get more than just your money back! By exercising and getting fit, you can boost your mood, tone your body and improve your overall well-being. It's a win-win!

How to get your reimbursement:



Sign up for a participating gym or fitness program.



Work out and get fit — keep those receipts!



Submit your receipts to get your reimbursement directly deposited.

Fitness Reimbursement Form Instructions

Please read the instructions below, then fill out the Fitness Reimbursement Form on page 3.

Want your reimbursement faster? Submit your request online at harvardpilgrim.org/fitnessreimbursement.

Getting reimbursed is easy

Please enclose copies of the following:

- ☒ Copy of your health/fitness membership agreement
- ☒ Completed Fitness Reimbursement Form
- ☒ Receipts showing that you paid for at least four months in a calendar year for membership or subscription fees (must show your name and the facility or program name). Fees must equal or exceed amounts being claimed.



Mail to:

Harvard Pilgrim Health Care
P. O. Box 9185
Quincy, MA 02269

You have questions? We have answers!

How do I qualify for a reimbursement?

- You must be eligible for fitness reimbursement through your Harvard Pilgrim plan.
- Fitness facility or other qualified fitness membership must be for at least four months in a current calendar year.
- Current Harvard Pilgrim membership must be at least four months in a calendar year and must coincide with four months of fitness membership or subscription.

When can I submit my Fitness Reimbursement Form?

- Starting on May 1 of the current calendar year and when you have met the above-stated criteria.

What qualifies for fitness reimbursement?

- Full-service health/fitness facilities that have cardiovascular and strength-training equipment

qualify, as well as facilities for exercising and improving physical fitness. Validation as full-service is subject to approval by Harvard Pilgrim.

- Fitness studios/facilities that offer yoga, Pilates, Zumba, aerobic/group classes, indoor cycling/spinning classes, kick-boxing, CrossFit, strength training, tennis, indoor rock climbing and personal training (taught by a certified instructor).
- Virtual fitness subscriptions. Validation is subject to approval by Harvard Pilgrim.
- Not eligible for reimbursement: fees you pay for group classes or personal training outside of a fitness facility/studio, and health club initiation fees or costs that you pay for instructional dance studios, country clubs, social clubs (such as ski, riding or hiking clubs), spas, gymnastics facilities, martial arts schools, pool-only facilities, road race fees, sport camps, ski passes, sports teams or leagues, and school sports athletic user fees.

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Fitness Reimbursement Form

To be filled out by Harvard Pilgrim Health Care SUBSCRIBER only. Please use blue or black ink and print all information clearly.

When to submit this form

- When you are eligible for fitness reimbursement through your employer or individual plan.

- After you have been a member in qualified fitness program and Harvard Pilgrim Health Care for at least four months in a calendar year.
- Once per calendar year, submitted by March 31 of the following year, with all necessary receipts or proof of payment.
- After all sections have been completely filled out and signed by the subscriber.

Section A – Subscriber Information (person who holds coverage)

Harvard Pilgrim ID Number	Subscriber's Last Name	First Name	Middle Initial
Date of Birth (mm/dd/yyyy)			
Address	City	State	ZIP Code
Daytime Phone (area code) xxx-xxxx	Company Name (Employer)	Subscriber's Email	

Section B – Subscriber and/or Member Information for Reimbursement

Harvard Pilgrim ID Number	Last Name	First Name	Date of Birth (mm/dd/yyyy)
Harvard Pilgrim ID Number	Last Name	First Name	Date of Birth (mm/dd/yyyy)

Section C – Fitness Program Information (List all health and facility memberships that you and/or your dependent(s) are submitting for reimbursement spanning the qualifying four months.)

ATTACH DOCUMENTATION	Calendar Year from: mm/dd/yyyy to: mm/dd/yyyy	Facility or Program Name	City, State	Phone Number (Area Code) xxx-xxxx	\$ Amount being claimed
	from: ____/____/____ to: ____/____/____				
	from: ____/____/____ to: ____/____/____				
	from: ____/____/____ to: ____/____/____				

Section D – Fitness Tracking Device Information (List the brand – i.e., Apple Watch, Fitbit, Garmin, Nike, Samsung Gear, etc.) (NOT ALL MEMBERS ARE ELIGIBLE FOR THIS REIMBURSEMENT; see instructions on page 2)

ATTACH RECEIPT	Purchase Date	Tracking Device Brand	\$ Amount being claimed

Total number of documents _____ Total dollar amount being claimed \$ _____

Section E – Subscriber Certification

I certify the information on the form and all supporting documents are complete, accurate and unaltered. I will attempt, in good faith, to regularly use my fitness services for which I am being reimbursed.

Subscriber's Signature

Date

How much can I claim for fitness reimbursement?*

- The standard reimbursement for most plans is up to \$150 per calendar year per individual or family in total, for fitness membership fees for the subscriber and/or their dependents.
- Some members may be eligible for a different reimbursement amount based on their health plan.
- For some small group or individual plans, a subscriber and second family member on the plan will be reimbursed up to \$150 each per calendar year. Other plans allow up to \$150 combined amount for fitness membership fees and fitness trackers.
- Check with your employer or contact Member Services for eligibility and reimbursement amount.

What happens after I submit the Fitness Reimbursement Form?

- Reimbursement checks will be mailed and made payable **only** to the Subscriber only at the Subscriber's address of record. No other address will be accepted. If you believe your current address is different from the address we have on file, please call the Member Services number on the back of your ID card before you submit the form.
- Please allow up to 8 weeks for processing.

* Fitness reimbursement may be considered taxable income. For tax information, consult your employer or tax advisor.