



Fiscal Year 2023 – 2024

***MAYFLOWER MUNICIPAL
HEALTH GROUP***

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**HMO/PPO COMPARISON OF BENEFITS FOR HSA QUALIFIED HIGH DEDUCTIBLE HEALTH PLANS (HDHP)**  
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Comparison of the following Blue Cross Blue Shield of Massachusetts and

**BCBSMA NEW ENGLAND HMO HDHP
BCBSMA BLUE CARE ELECT PPO HDHP
HPHC HMO HDHP**

**BCBSMA=BLUE CROSS BLUE SHIELD OF MASSACHUSETTS
HPHC=HARVARD PILGRIM HEALTH CARE**

****EFFECTIVE 7/1/2023****

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FY24 Mayflower Municipal Health Group Plan Benefit Comparison HSA Qualified High Deductible Health Plans (HDHP)

Effective 07-01-2023

CIF = Covered In Full

	BLUE CROSS BLUE SHIELD			HARVARD PILGRIM HEALTH CARE
BENEFIT	HMO New England HDHP	BLUE CARE ELECT PPO HDHP		HPHC HMO HDHP
		In-Network	Out-of-Network	
Deductible - Deductible to be satisfied, then Covered in Full, except prescription copays and out-of-network services. Per plan year (July 1 to June 30). <i>Note</i> - the family plan Deductible must be satisfied before the plan begins to pay. See plan document for full details	\$2,000 per Individual plan \$4,000 per Family plan	\$2,000 per Individual plan \$4,000 per Family plan	\$2,000 per Individual plan \$4,000 per Family plan	\$2,000 per Individual plan \$4,000 per Family plan
Out-of-Pocket (OOP) Maximum - Once your out-of-pocket expenses for applicable services reaches this amount, you pay \$0 for the remainder of plan year.	Medical & Rx Combined: \$5,000 per member \$10,000 per family	Medical & Rx Combined: In and Out of Network Combined \$5,000 Per individual Plan Per Plan Year \$10,000 Per Family Plan Per Plan Year		Medical & Rx Combined: \$5,000 per member \$10,000 per family
Lifetime Benefit Maximum	None	None	None	None
INPATIENT	YOU PAY	YOU PAY	YOU PAY	YOU PAY
General Hospital/Mental Hospital/Substance Abuse Facility (semi-private room and board and special services) - Deductible Applies	Deductible then Covered in Full (CIF)	Deductible then Covered in Full (CIF)	Deductible, then 20% coinsurance Provider may balance bill	Deductible then Covered in Full (CIF)
Physician Services	Deductible then CIF	Deductible then CIF	Deductible, then 20% coinsurance Provider may balance bill	Deductible then CIF
Skilled Nursing Facility	Deductible then CIF - 100 days per calendar year benefit maximum	Deductible then CIF - 100 days per calendar year benefit maximum	Deductible then 20% coinsurance to 100 days per calendar year benefit maximum Provider may balance bill	Deductible then CIF - 100 days per plan year benefit maximum
Rehabilitation Hospital	Deductible then CIF - 60 days per calendar year benefit maximum	Deductible then CIF - 60 days per calendar year benefit maximum	Deductible then 20% coinsurance to 60 days per calendar year benefit maximum Provider may balance bill	Deductible then CIF - 60 days per plan year benefit maximum

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		In-Network	Out-of-Network	
OUTPATIENT HOSPITAL	YOU PAY	YOU PAY	YOU PAY	YOU PAY
Emergency Room Visits for Emergency or Accident Care	\$50 Copayment per visit after deductible	\$50 Copayment per visit after deductible	\$50 copayment per visit after In Network deductible	Deductible then \$50 copay
Emergency Room Visits for Medical Care	\$50 Copayment per visit after deductible	\$50 Copayment per visit after deductible	\$50 Copayment per visit after In Network deductible	Deductible then \$50 copay
Surgery	Deductible then CIF	Deductible then CIF	Deductible, then 20% coinsurance Provider may balance bill	Deductible then CIF
Radiation and Chemotherapy	Deductible then CIF	Deductible then CIF	Deductible, then 20% coinsurance. Provider may balance bill	Deductible then CIF
Diagnostic X-ray and Lab	Deductible then CIF	Deductible then CIF	Deductible, then 20% coinsurance. Provider may balance bill	Deductible then CIF
Routine Colonoscopy (without surgery)	\$0 copay	\$0 copay	20% Coinsurance. Provider may balance bill. Deductible does not apply	\$0 copay
High Cost Radiology (MRI, CT & PET)	Deductible then CIF	Deductible then CIF	Deductible, then 20% coinsurance. Provider may balance bill	Deductible then CIF
Hemodialysis	Deductible then CIF	Deductible then CIF	Deductible, then 20% coinsurance. Provider may balance bill	Deductible then CIF
Physical Therapy	Deductible then Covered in Full (CIF) - up to 60 visits per calendar year	Deductible then Covered in Full (CIF) - up to 100 visits combined per calendar year	Deductible, then 20% coinsurance - up to 100 visits combined per calendar year. Provider may balance bill.	Deductible then Covered in Full (CIF) - up to 60 visits per plan year

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		In-Network	Out-of-Network	
	YOU PAY	YOU PAY	YOU PAY	YOU PAY
PHYSICIAN'S OFFICE				
Surgery	Deductible then CIF	Deductible then CIF	Deductible, then 20% coinsurance. Provider may balance bill.	Deductible then CIF
Adult Preventative Exam <i>as defined by the ACA</i>	CIF	CIF	20% coinsurance. Provider may balance bill. Deductible does not apply.	CIF
PCP Medical Care/ Mental Health Care/ Substance Abuse Care	Deductible then CIF	Deductible then CIF	Deductible, then 20% coinsurance. Provider may balance bill.	Deductible then CIF
Well Child Care <i>as defined by the ACA</i>	CIF	CIF	20% coinsurance. Provider may balance bill. Deductible does not apply.	CIF
Routine GYN Exam <i>(As defined by the ACA-one per calendar year, includes preventative lab tests)</i>	CIF	CIF	20% coinsurance. Provider may balance bill. Deductible does not apply.	CIF
Routine Mammogram <i>As defined by the ACA</i>	CIF	CIF	20% coinsurance. Provider may balance bill. Deductible does not apply.	CIF
Routine Vision Exam	CIF (once every 24 months)	CIF (once every 24 months)	20% coinsurance (once every 24 months). Provider may balance bill.	CIF (1 visit per plan year)
Specialist Office Visit	Deductible then CIF	Deductible then CIF	Deductible, then 20% coinsurance. Provider may balance bill.	Deductible then CIF
OTHER OUTPATIENT	YOU PAY	YOU PAY	YOU PAY	YOU PAY
Visiting Nurse Home Health Care Deductible Applies	Deductible then CIF	Deductible then CIF	Deductible, then 20% coinsurance. Provider may balance bill.	Deductible then CIF
Durable Medical Equipment	Deductible then CIF	Deductible then CIF	Deductible, then 20% coinsurance. Provider may balance bill.	Deductible then CIF
Ambulance Emergency Transport	Deductible then CIF for all Ambulance Services that are Medically Necessary	Deductible then CIF	CIF After In-Network Deductible	Deductible then CIF
Routine Pediatric Dental	Not Covered except for Preventive dental care for members under 18 to treat cleft lip and cleft palate	Not Covered except for Preventive dental care for members under 18 to treat cleft lip and cleft palate (No Cost)	For under age 18 members with Cleft Palate or Cleft Lip only. 20% Coinsurance. Provider may Balance Bill.	\$20 copayment per visit: Preventive care for children up to age 13. 2 visits per member per plan year including exam, cleaning, x-rays, & fluoride treatment.
Chiropractor Visits	Deductible then CIF	Deductible then CIF	Deductible, then 20% coinsurance. Provider may balance bill.	Deductible then CIF (12 visit limit per plan year)
Prescription Drugs - IMPORTANT NOTE - Deductible applies, once deductible is met, copays will apply - NOTE- the drugs on the preventative list are not subject to the deductible. The lists are available online at www.mmhg.org	Retail: (30 day supply) Tier 1: \$10.00 copay Tier 2: \$30.00 copay Tier 3: \$65.00 copay Mail Order or Designated Retail: (90 day supply) Tier 1: \$25.00 copay Tier 2: \$75.00 copay Tier 3: \$165.00 copay	Retail: (30 day supply) Tier 1: \$10.00 copay Tier 2: \$30.00 copay Tier 3: \$65.00 copay Mail Order or Designated Retail: (90 day supply) Tier 1: \$25.00 copay Tier 2: \$75.00 copay Tier 3: \$165.00 copay	Retail: (30 day supply) Tier 1: \$10.00 copay Tier 2: \$30.00 copay Tier 3: \$65.00 copay Mail Order: (90 day supply) Not Covered	Retail: (30 day supply) Tier 1: \$10.00 copay Tier 2: \$30.00 copay Tier 3: \$65.00 copay Mail Order: (90 day supply) Tier 1: \$25.00 copay Tier 2: \$75.00 copay Tier 3: \$165.00 copay

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		In-Network	Out-of-Network	
OTHER BENEFITS	Benefit	Benefit	Benefit	Benefit
Fitness Benefit/ Weight Loss program	Up to \$300 reimbursement toward membership or exercise classes at a health club or Virtual Finess Memberships or Classes. Effective 7-1-22 includes reimbursement for home fitness equipment. Enroll in a qualified Weight Watchers or hospital based weight loss program and receive up to \$300 per calendar year toward your program fees. See plan details.	Up to \$300 reimbursement toward membership or exercise classes at a health club or Virtual Finess Memberships or Classes. Effective 7-1-22 includes reimbursement for home fitness equipment. Enroll in a qualified Weight Watchers or hospital based weight loss program and receive up to \$300 per calendar year toward your program fees. See plan details.	Up to \$300 reimbursement toward membership or exercise classes at a health club or Virtual Finess Memberships or Classes. Effective 7-1-22 Includes reimbursement for home fitness equipment. Enroll in a qualified Weight Watchers or hospital based weight loss program and receive up to \$300 per calendar year toward your program fees. See plan details.	Up to \$300 reimbursement per calendar year. Must be an active member of HPHC for at least 4 months and a member of any qualified health & fitness club for 4 consecutive months. Enroll in a qualified Weight Watchers or hospital based weight loss program and receive up to \$150 per calendar year toward your program fees.
New!!!! Mind and Body Reimbursement	Up to \$300 reimbursement per family per Calendar Year for Holistic Health such as Massage Therapy, Tai Chi, Hypnosis Therapy, Qi (chi) gong, Meditation Therapy and Breathing and meditation apps. You can also receive 30% off standard rates when you use an alternative health practitioner in the BCBSMA Network.	Up to \$300 reimbursement per family per Calendar Year for Holistic Health such as Massage Therapy, Tai Chi, Hypnosis Therapy, Qi (chi) gong, Meditation Therapy and Breathing and meditation apps. You can also receive 30% off standard rates when you use an alternative health practitioner in the BCBSMA Network.	Up to \$300 reimbursement per family per Calendar Year for Holistic Health such as Massage Therapy, Tai Chi, Hypnosis Therapy, Qi (chi) gong, Meditation Therapy and Breathing and meditation apps. You can also receive 30% off standard rates when you use an alternative health practitioner in the BCBSMA Network.	N/A
Telemedicine- Virtual visits available on your computer, tablet or smart phone for medical care and behavioral health	Deductible then CIF with Well Connection Provider or a provider within the BCBSMA Network that provides Telehealth Services	Deductible then CIF with Well Connection Provider or a provider within the BCBSMA Network that provides Telehealth Services	Deductible then 20% Coinsurance with a Well Connection Provider or a provider within the BCBSMA Provider that provides Telehealth Services	Deductible then CIF through Doctor on Demand or a provider within the HPHC network that provides Telehealth Services
MMHG Wellness Program	<p><u>QUARTERLY NEWSLETTER, WELLNESS SEMINARS/SCREENINGS/WEBINARS/CHALLENGES, INCENTIVE PROGRAMS, ON DEMAND VIRTUAL FITNESS & MINDFULNESS CLASSES/NUTRITION/SLEEP, HEALTHY RESOURCES POSTED ON OUR WEBSITE/FACEBOOK/TWITTER/INSTAGRAM & MORE</u></p> <p>(PARTICIPATION IN CERTAIN PROGRAMS MAY VARY BY MEMBER UNIT. PLEASE CHECK WITH YOUR BENEFIT COORDINATOR OR WELLNESS COORDINATOR AND OUR WEBSITE -www.MMHG.org- FOR MORE INFORMATION)</p>			
<p>ANYTHING THAT APPEARS IN ITALIC BOLD TYPE INDICATES A CHANGE IN THE BENEFIT OR WORDING FROM THE PREVIOUS YEAR.</p> <p>Please note there are no waiting periods, lifetime benefit maximums or pre-existing exclusions for any of the MMHG health insurance plans.</p> <p>Disclaimer: This comparison summarizes benefits of the plan(s). The Subscriber Certificate(s) & applicable riders define the terms & conditions of these benefits in greater detail. <u>Should any questions arise, the certificate(s) & riders will govern.</u></p> <p>Please call the "member service" phone number on your ID card for specific coverage questions.</p>				
Reviewed by Blue Cross Blue Shield of Massachusetts and Harvard Pilgrim Health Care.				