

MAYFLOWER MUNICIPAL HEALTH GROUP STEERING COMMITTEE
MINUTES OF MEETING
August 10, 2023, 9:00a.m.
Mayflower Municipal Health Group
65 Cordage Park Circle,
Suite 110, Plymouth, MA. 02360

Attendance Steering Committee members:

Michael Levy, Town of Bridgewater
Kevin Powell, Retiree
Jason Leto, Mass Teachers Association
Derek Sullivan, Town of Wareham
Michael Maresco, Town of Marshfield
Mary Beth Carter, Town of Whitman

Guests:

Thomas O'Brien, Treasurer MMHG
Kevin Feeley, MMHG Attorney
Sheila Avery, MMHG
Diane Laflash, Gallagher Benefit Insurance Services
Mike Hurley, Point 32 Health
Helga DaRosa, BCBSMA
Matthew Hanley, Plymouth County
Bob Kademian, PBIRX
Michelle Labadini, Norfolk County
Semus McCloskey, MTA

Chairman Levy called the meeting to order at 9:12 a.m. He announced the meeting will be recorded for meeting minute purposes.

1. **Accept meeting minutes**

MOTION: Maresco made a motion to approve the June 21, 2023 meeting minutes.

SECOND: Carter

VOTE: 4 in favor, 2 abstained (Leto, Powell) motion passed

2. **MMHG FY24 Wellness program updates**

Avery stated we have one month completed on the FY24 wellness program. She stated program participation agreements were emailed to all member units. She explained the purpose of the agreements is to give permission for in person events as well as notification of a dedicated wellness contact. She said we've had a few HP member unit chair massages and a Learn to Live postcard campaign.

Avery stated Wellness baskets were distributed at the last Wellness Coordinators' meeting and included handouts for employees on diet, exercise and wellness. She stated it is really important to have resources available for all members.

Avery asked if there were any questions. Powell asked if Learn to Live paid for the postcard mailing and Avery replied yes they did. Avery stated we discovered it wasn't the correct time of year as people are in summer mode and participation didn't meet expectations.

3. **Treasurer's report**

Treasurer O'Brien reviewed his financial statements through June 30, 2023. He reminded the Committee we put \$6,574,218 at risk for FY23. He said we used \$4,212,601.20 as shown on his operating statement. He stated we are in better shape versus projections. He reviewed the claims revenue and claims expenses. He stated the other revenue includes investment income and we have realized some gains in a not so great market. He said other revenue is paying for most of the other expenses of the group. He stated we have net assets of \$28,884,578.85 and are in good financial shape.

MOTION: Maresco made a motion to accept the June 30, 2023 Treasurer's Operating Statement and Statement of Net Assets as presented by the Treasurer.

SECOND: Powell

VOTE: motion passed unanimously

4. **Gallagher's MMHG FY23 Funding Analysis**

Laflash reviewed her presentation showing claims paid through June 30, 2023. She reviewed plan details showing the surpluses and deficits. She stated the HP claims may be underreported as they had a security incident and were not able to pay all claims. She said the current funding ratio for the active plans is 101.1% with a \$1 million deficit. She stated this differs from the Treasurer's report as her report includes admin, claims, stop loss expense and reimbursements.

Laflash reviewed the Medex 2 plan and stated the funding ratio is 101.7% with a \$127,000 deficit. She said this is on target with projections as the group put \$260,000 at risk.

Laflash reviewed the stop loss summary information for policy periods FY22 and FY23. She stated MMHG is trending as expected.

Powell asked if Harvard Pilgrim is back to business and Hurley replied yes.

5. **Gallagher-Actuarial Certificate FY24 rates**

Laflash passed out and reviewed the Actuarial review of the MMHG FY24 renewal for medical and prescription drugs. She reviewed the process for the actuarial review and stated the actuary came in slightly higher with 11.3% versus 11%. She stated the actuary confirmed the projections are actuarially sound and the MMHG increases with subsidy are reasonable and appropriate. She stated Avery requested to have the actuarial document before rates are voted and they will be able to accommodate.

Powell asked if we can have this for the Medicare plan. She stated she will ask if we can include this for the Medicare plan.

6. **PBIRX**

Chairman Levy introduced Bob Kademian from PBIRX.

Kademian stated they are the pharmacy benefit consultants for MMHG. He said PBIRX has been in business for over 30 years and the focus is entirely prescription drugs and the pharmacy benefit. He said he will be attending meetings and reviewing PBIRX reports.

Kademian said they manage and oversee the prescription drugs and recommend programs to decrease costs. He said they will look at contracts in place to see if they are worth paying for in the future.

Powell asked if they change the formularies. Laflash said they cant change formularies but can advise to add clinical programs and work with the carriers.

Kademian said they are also expanding to look at the wellness aspect of prescription drugs. He said they work with the wellness team to bring attention to changing lifestyle habits.

Powell asked if PBIRX reviews the Medicare plans. Kademian said no as those are not eligible.

Powell asked who pays PBIRX and DaRosa said BCBS pays a price per script.

Treasurer O'Brien asked if they provide reports and Kademian stated they will have monthly reports.

Chairman Levy said MMHG contracts with PBIRX and the insurance carriers pay for it.

Leto asked why the carriers are paying. DaRosa explained BCBS understands prescriptions are the biggest cost driver and want to help their clients drive down the cost of prescriptions.

Leto asked what programs are we receiving for free. DaRosa explained when BCBS changed their pharmacy benefit manager to CVS Caremark they included programs to reduce costs. She said they provide a diabetes program and also member utilization of brand name drugs as well as working with pharmacist to provide education.

7. CY24 Senior plan renewal timeline

Chairman Levy stated we are getting ready to look at the Senior renewals. He said we need to look at all the plans and options to decide what we will offer.

Laflash stated we have been discussing the Medicare Advantage plans and MMHG decided to begin offering the BCBS option last year. She said we might want to go through another year to see how the Medicare Advantage plan enrollment will go. She said they can also do an informal RFQ to other carriers if MMHG would like to look at other options.

DaRosa said we expect to have the renewal in early to mid-September.

Avery said we've had a steady stream of enrollments for the past 8 months. She said there were a few issues concerning providers accepting the plan that have been resolved. She stated she is cautious in offering too many Medicare Advantage plans due to member confidence. She said we have to look at the fact the Medicare Advantage plans are fully insured versus our group which is self-insured. She said we were a bit rushed last year and would not want to have that

happen this year. She stated we previously discussed offering a plan from Harvard Pilgrim and would like to see an affordable option in the future.

Powell said the BCBS Medicare Advantage plan has worked out well and offers a lot of additional benefits, including dental, and we should have more educational meetings to promote the plan.

DaRosa said BCBS can provide in person meetings for retirees again this year.

Chairman Levy said we have to decide on if we offer additional plans soon as we have to avoid plan offerings being rushed.

Laflash said we are dependent on Medicare and last year they were late with releasing the data. She said now is the time to decide if we bring another plan offering.

Treasurer O'Brien said in light of the discussion we may not want to offer additional plans for CY24.

Laflash stated she agrees and we should focus on education of the current plan offerings.

Powell asked since it is a fully insured plan and we are doing the work for BCBS maybe there should be some compensation back to MMHG. Avery stated we do process enrollments and BCBS should be taking the work MMHG does to administer the plan when they provide pricing. She said we should continue to discuss MMHG's role in providing this plan with BCBS.

8. **Next meeting-Steering**

Chairman Levy said the next Steering Committee meeting will be held at the MMHG offices, and is scheduled for September 21, 2023, 9:00am.

9. **Any other Business**

none.

10. **Adjourn**

Maresco motioned to adjourn the meeting at 10:00 a.m., seconded by Powell and voted unanimously.

Respectfully submitted,
Sheila Avery

Reference Documents for this Meeting:

Treasurer's FY23 financial reports (June 30, 2023)

Gallagher's FY23 Funding Analysis presentation, (claims paid through June, 2023)

Gallagher Actuarial review FY23