

**MAYFLOWER MUNICIPAL HEALTH GROUP
MINUTES OF GENERAL MEETING
June 21, 2023 9:00 A.M.
Meadowbrook Family Restaurant
1486 Main Street
Hanson, MA. 02341**

Board Attendance:

Michael W. Levy, Chairman of General Board -Town of Bridgewater
Ray Ledoux, Brockton Area Transit
Mary Ellen DeFrias, Greater Attleboro Taunton Regional Transit Authority
Daniel Burgess, Greater Attleboro Taunton Regional Transit Authority
Michael Buckley, Town of Hull
Michael Maresco, Town of Marshfield
Michelle Labadini, Norfolk County
Mary McCoy, Onset Fire District
William Chenard, Town of Pembroke
Jared Valanzola, Plymouth County
Frank Basler, Plymouth County
Padraic Lydon, Plymouth County Retirement Association
Erin Holder, South Shore Educational Collaborative
Derek Sullivan, Town of Wareham
Wendy Lemieux, Wareham Fire District
Scott Golder, Town of West Bridgewater
Mary Beth Carter, Town of Whitman
Erika Sherman, Whitman-Hanson Regional School District

Guests:

Thomas J. O'Brien, MMHG Treasurer
Sheila Avery, MMHG
Kelly Morse Perez, MMHG
Marianna Gil, Gallagher Benefits Solutions
Diane Laflash, Gallagher Benefits Solutions
Helga DaRosa, Blue Cross Blue Shield of Massachusetts
Kevin Feeley, MMHG Attorney
Mike Hurley, Point 32 Health/HPHC
Matt Hanley, Plymouth County
John Sciara, Professional Fire Fighters of Mass
Sarah Sacchetti, MMHG
Diane Baiardi, South Shore Educational Collaborative

Chairman Levy called the meeting to order at 9:40 a.m. with a quorum present.
He announced the meeting is being recorded for meeting minute purposes.

Chairman Levy recognized Joseph McCarthy's passing with a moment of silence.

1. **Accept Meeting Minutes**

MOTION: Maresco made a motion to accept the March 8, 2023 meeting minutes.

SECOND: Valenzola

VOTE: motion passed unanimously

2. **MMHG Wellness Review**

Avery reviewed her presentation showing on the screen. She reviewed MMHG's core programs including Wellable, Savory Living, Learn to Live and many other programs. She stated FY23 wellness program offerings focused on the four pillars of health including Financial, Emotional, Nutritional, Physical.

Avery stated member units can host biometric screenings, lunch and learns, exercise classes at work, employee garden, and many other offerings.

Avery reviewed MMHG smart consumer programs including telehealth, smartshopper and Canarx prescription drug program.

Avery stated the insurance carriers have resources available for members including the fitness reimbursement, weight loss reimbursement, wellness websites, and virtual programs.

Avery reviewed FY24 wellness program including regional programs, emotional health webinar with Dr. Thomas C. Hawkins, as well as more in person programs.

Avery concluded by saying thank you to all member units for participating and supporting MMHG Wellness.

3. **Treasurer's Report and update**

Treasurer O'Brien announced MMHG employee Joyce Lewis retired and introduced new MMHG employee Sarah Sacchetti.

Treasurer O'Brien thanked his staff for all their hard work and reminded the Committee his office is available to help MMHG member units with streamlining the payment process.

Treasurer O'Brien welcomed Plymouth County Commissioner Jared Valanzola to the meeting.

Treasurer O'Brien stated Padraic Lydon is the new Executive Director for the Plymouth County Retirement Association.

Treasurer O'Brien stated for FY23 we put \$6,574,218 at risk when setting the FY23 rates. He reviewed his FY23 operating statement, dated May 31, 2023, and showing on the presentation screen. He said we have a loss of \$3,770,546.21 and we are tracking ahead of expectations. He reviewed his statement of net assets, dated May 31, 2023, and showing on the presentation screen. He stated our fund balance is \$29,326,633.84.

Treasurer O'Brien said we put \$5,150,000 at risk for FY24 rates and anticipate having around \$24 million in net assets next year. He said MMHG is in a good position to provide modest rate increases versus significant increases. He said our goal is to keep increases between 3%-5% for the next 2-3 years.

4. **Gallagher update-Funding Analysis**

Gil stated April, 2023 & May, 2023 claim data is estimated due to the Harvard Pilgrim system shut down. She said March, 2023 claims were used as a placeholder until claims info is available.

Gil reviewed her funding analysis showing on the presentation screen. She said the funding analysis reflects claims paid through May, 2023. She said two plans are running in a surplus and the rest of the plans are in a deficit. She said MMHG active plan funding ratio is 103.6% through May, 2023. She said the Medex II funding ratio is 100.8% through May, 2023. She reviewed the stop loss FY22/FY23 policy periods and stated we have \$235,000 in pending reimbursements.

5. **Harvard Pilgrim updates**

Hurley reviewed his presentation on HP integrated behavioral health showing on the screen. He explained the robust behavioral health network with no disruption of benefits. He explained the member journey with behavioral health service navigation. He stated HP partners with several providers to provide services for autism, substance abuse, and therapy access digital tools. He also listed other confidential 24/7 support phone contact help lines.

Hurley announced core HP systems are back online and restoration will continue over the next several weeks. He reviewed the security measures HP implemented including endpoint detection and response, server rebuilds, and other security enhancements. He said all new enrollments will have permanent ID cards.

6. **BCBS Updates**

DaRosa reviewed her BCBS mental health support presentation showing on the screen. She stated BCBS offers a lot of mental health resources for members. She reviewed the find a doctor tool, member service personalized support, and case management. She stated BCBS has an insourced team with care and service expertise. She said the team includes clinically licensed care managers, behavioral health specialist, and doctors.

DaRosa stated BCBS has a local and national commitment to mental health. She stated they focus on integrated care, reducing stigma, culture of health, and easy access. She said Dr. Hawkins will be doing a webinar in the fall on mental health stigma and resources.

DaRosa explained BCBS network expansion for mental health providers as well as virtual visit overview. She reviewed Learn to Live mental health tools to help members with stress, anxiety, worry, depression, social anxiety, substance abuse, and insomnia. She concluded by reviewing the mental health resource center online for members to review options.

7. **FY24 Elections- Steering Committee, Finance Committee, Treasurer, Chairman**

Chairman Levy stated all FY23 Finance Committee members, Steering Committee members, Treasurer, and Chairman are seeking reelection. He said the ballot was sent to all Board members. He said no additional Board members expressed interest in running and no nominations came from the floor. He read the FY24 Ballot as follows:

FY24 BALLOT- JUNE 21, 2023 GENERAL BOARD MEETING ELECTION

<i>FY23 Steering Committee members seeking re-election</i>
Michael Buckley, Hull Town Accountant (Candidate for re-election)
Mary Beth Carter, Town of Whitman Representative(Candidate for re-election)
Ray Ledoux, Brockton Area Transit Authority Representative (Candidate for re-election)
Michael W. Levy, Town of Bridgewater Representative (Candidate for re-election)
Michael A. Maresco, Marshfield Town Administrator (Candidate for re-election)
Derek Sullivan, Wareham Town Administrator (Candidate for re-election)
<i>FY23 Finance Committee members seeking re-election</i>
Maureen Adams, West Bridgewater Assistant Treasurer (Candidate for re-election)
Wendy Lemieux, Wareham Fire District Treasurer (Candidate for re-election)
Chelsea Stevens, Hanover Town Finance Director (Candidate for re-election)
<i>FY23 MMHG Chairman seeking re-election</i>
Michael W. Levy (Candidate for re-election)
<i>FY23 Treasurer seeking re-election</i>
Thomas J. O'Brien (Candidate for re-election)

MOTION: Maresco made a motion to elect the ballot as read and presented.

SECOND: Derek Sullivan

VOTE: Unanimous

8. **Any other business**

None

9. **Adjourn**

Maresco motioned to adjourn at 10:30 a.m., seconded by Derek Sullivan and voted unanimously.

Respectfully submitted,

Sheila Avery

Reference documents for this meeting:

Treasurer's FY23 financial reports (May 31, 2023)

Gallagher's FY23 Funding Analysis presentation, date (claims paid through May, 2023)

MMHG Wellness review

FY24 Ballot

Harvard Pilgrim Behavioral Health presentation

BCBS Mental Health support presentation