

Harvard Pilgrim Health Care

a Point32Health company

Get Help to Quit

Harvard Pilgrim offers prescription drug coverage and other tools to help you quit smoking, vaping or smokeless tobacco for good.

Prescription Drug Coverage

Harvard Pilgrim covers FDA-approved nicotine cessation drugs that may help you quit more easily at $0 cost-sharing for all prescription-strength and generic over-the-counter products:*

- Nicotrol Inhaler
- Nicotrol Nasal Spray
- Chantix (varenicline)
- Buproban
- Bupropion
- Over-the-counter products such as gum, lozenges and patches

Harvard Pilgrim members can access cessation programs at exclusive discounted rates:
harvardpilgrim.org/public/discounts-and-savings/quit-smoking

Nationwide Resources

smokefree.gov
English: **800-QUIT-NOW**
Spanish: **800-8-DÉJALO**
TTY: **877-777-6534**

cancer.org
800-ACS-2345

State Resources:

Massachusetts Tobacco Cessation & Prevention
mass.gov/take-the-first-step-toward-a-nicotine-free-life

Maine QuitLink
mainequitlink.com

QuitNow-NH
quitnownh.org

Rhode Island Nicotine Helpline
riprc.org/resources/rhode-island-nicotine-helpline

› Learn more at **harvardpilgrim.org** or call member services at the number on your Member ID Card

* All are excluded from mail order. Other restrictions may apply. Coverage information is for commercial plan members. This is not all-inclusive and is subject to change as formulary updates are made. For the current Harvard Pilgrim formulary please see **here**.

Harvard Pilgrim Health Care includes Harvard Pilgrim Health Care, Harvard Pilgrim Health Care of New England and HPHC Insurance Company.

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