



MMHG Health & Wellness Fair

Wednesday, April 29, 2026

12:00– 2:00 P.M.

Welcome to the Annual MMHG Health & Wellness Virtual Benefits Event!

- Join us online via Teams as we review our FY27 health, dental, vision insurance plans and the MMHG Wellness program.
- Answer 5 questions regarding the benefit fair and you will be entered in a raffle for a \$25 gift card voucher (3 x\$25 gift card vouchers will be raffled).

How to Participate:

Register by sending an email to sarahsacchetti@mmhg.org. Once registered, you'll receive an email with instructions on joining the virtual event and raffle details. If you have questions call 774-773-9306.

Schedule:

<u>PRESENTER</u>	<u>TIME*</u>
Blue Cross Blue Shield	12:00– 12:30 P.M.
Harvard Pilgrim	12:30– 1:00 P.M.
Delta Dental	1:00– 1:15 P.M.
Eye Med	1:15– 1:30 P.M.
MMHG Wellness	1:30– 2:00 P.M.

*Times are estimated and start/end times may be sooner or later depending on Q&A or presentation length. We will make every attempt to keep to the times listed above.

Visit our website www.MMHG.org for complete insurance plan details and wellness programs.